

# York Reiki Plus



## Reiki Practitioner Course – Part 1 – Reiki First Degree (Shoden) Application Form

Sunday, ....., 2009 (fill in the date you wish to attend)

This is effectively a two day course:

- One day (at least) is spent studying on your own using the course materials provided.
- One day is a tutorial day with the teacher and other students, at the course venue, spent receiving empowerments and doing practical energy work, putting what you have learned into practice.

### Course Study Pack

This is sent 3 weeks prior to the day course and consists of a comprehensive 170 page manual and 2 audio CDs. You will be asked to focus on specific parts of the manual so that you come to the day course well prepared already knowing a great deal about Reiki.

### Tutorial Day

The work you have done prior to the course will be reviewed briefly but the focus of the day will be on receiving the 'Reiju' empowerments and practical energy work. You will: receive 3 empowerments which open up the channels through which Reiki energy flows and connect you permanently to Reiki energy; learn how to work with energy; learn energy exercises/visualisations/meditations which make you a stronger channel for Reiki; learn how to treat yourself and others; learn how to 'scan'; learn distant healing techniques etc.

### Venue

The course will be held at *The Zentist, 76 Gillygate, York, YO31 7EQ*  
Telephone: 01904 622706 Mobile: 0794 169 7047 E-mail: [irene@yorkreikiplus.com](mailto:irene@yorkreikiplus.com)

### Course Times

Arrive at about 9.30am for refreshments. The course will start no later than 10am and it will finish no later than 5.30pm.

### Course Fee

The fee for Part One of the Practitioner Course is **£140**. This includes tuition, the First Degree (*Shoden*) Manual, audio CD, and your Certificate. A deposit of **£70** is required to secure your place, which is non-transferable and non-refundable.

### Certificate

At the end of the day you will receive your certificate confirming you have received training and have been initiated into Reiki 'First Degree'.

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I wish to attend the Reiki First Degree (Shoden) Course on Sunday, ....., 2009 (fill in the date you wish)  
My deposit of £70 is enclosed to secure a place on the course. (The balance of £70 is due on the day of the course.)

**Please note: the deposit is non-refundable and non-transferable.**

Name (as you wish it to appear on the certificate) \_\_\_\_\_  
Tel. \_\_\_\_\_ e-mail \_\_\_\_\_  
Address \_\_\_\_\_ Postcode \_\_\_\_\_

- I enclose a cheque for **£70** made payable to **Irene Forsyth**  
 I shall pay online at **[www.yorkreikiplus.com](http://www.yorkreikiplus.com)**

Please detach this slip from the course details and send it with your payment/payment details to:  
Irene Forsyth at The Zentist, 76 Gillygate, York, YO31 7EQ.

If you cancel and wish to re-book you must pay a re-booking fee of £40. May we suggest you take out your own insurance to cover this.