York Reiki Plus



Reiki Deepening Course Application Form

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The course is designed for two groups of people already practising Reiki:

- 1. People at Second Degree level who do not wish to move onto Reiki Master/Teacher level at the moment, but who feel that they would like to take things further and develop themselves, or deepen their connection to the energy or their experience of it.
- 2. People at Master level who wish to explore different ways of experiencing the energy, to enhance their self-healing, and to explore the power of intent and the potential of their own intuition.

The course includes some of the content of the Master/Teacher course. The course has two parts: you spend several weeks preparing at home, and then we all meet for one day of tuition.

Course Preparation and Study Pack

The home study period deals with self-healing, hara development, the use of symbols, the use of intuition with treating others. Most of the work is solitary, but you will need a friend or two on which to practise various techniques. You should keep notes on what you noticed and experienced during the exercises, ready to give a brief summary of how you got on when you attend the day course.

We send you a detailed study pack to guide you through this, 4 weeks before the tuition day. It consists of a manual, exercises, and CD(s). (The pack is sent 6 weeks before the course if did not train with Satya, Irene or Reiki Evolution, so that you will then have the same background as the other students.) You will be asked to focus on specific parts of the manual.

Tutorial Day

The tutorial day reviews the work you did at home, then provides new exercises on sacred sound, intent and intuition. You will: receive two *Reiju* empowerments; experience energies using Reiki *Kotodamas* and discover how to use them on yourself and others; experience and direct energies using *direct intent*; perceiving *chakras* and using "mind's eye" visual short-cuts. At the end of the day you will receive a certificate confirming you have attended the course.

Venue

The tutorial day will be held at *The Stables Project, 10A Nunmill Street, Scarcroft Road, York YO23 1NU* Telephone: 01904 622706 Mobile: 0794 169 7047 E-mail: irene@yorkreikiplus.com

Course Times

Arrive at about 9.30am for refreshments. The course will start no later than 10am and it will finish no later than 5.30pm.

Course Fee

The fee for the Deepening Course is £170. This includes tuition, the Deepening Course Manual, audio CD(s), and your Certificate. A deposit of £70 is required to secure your place, which is non-transferable and non-refundable.

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My deposit of £70 is enclosed to secure a place on the course. (The balance of £100 is due on the day of the course.) Please note: the deposit is non-refundable and non-transferable.				
Name (as you wish it to appear on the certificate) Tel e-mail				
Address	Postcode			
☐ I enclose a cheque for £70 made payable to Irene☐ I shall pay online at www.yorkreikiplus.com				

Please detach this slip from the course details and send it with your payment/payment details to Irene Forsyth at 24 Markham Crescent, York, YO31 8NS. If you cancel and wish to re-book you must pay a re-booking fee of £40. May we suggest you take out your own insurance to cover this.